



## Condensation & Mould – Prevent and Control it!

### What is condensation?

- It's water. It starts with moisture that is produced by cooking, washing, drying clothes indoors on radiators, or having a lot of people in one room.

### What is mould?

- Mould is a fungus. As steam and moisture touches a cold surface (glass or wall) it condenses and turns into water. From this water, mould is formed;
- Mould cannot be stopped, but it can be prevented and managed.

### Here's how:

You can control excess moisture by:

- closing kitchen and bathroom doors to prevent steam going in to other colder rooms;
- opening kitchen and bathroom windows when cooking or washing so that steam can escape;
- using your **kitchen extractor** when cooking, **do not switch the fan off**;
- using your **bathroom extractor** during and after showering, **do not switch the fan off**;
- opening windows in other rooms for a while each day to allow a change of air;
- not using bottled gas heaters - the gas produces a lot of moisture;
- wiping down surfaces where moisture settles to dry them, this will prevent mould forming;
- not blocking air vents and making sure you keep them open.